



2023 Live Healthy Iowa Kids Track Championships State Meet Information Saturday, June 17, 2023

LOCATION

Bondurant High School Track, 1000 Grant St. N, Bondurant, IA 50035 Gates open at 8:00 am.

SCHEDULE* – Refer to the Order of Events sheet. Events will run continuously.

- 8:45 am Field Events begin
- 9:30 am 1st Session Running Events begin
- 11:00 am Parade of Athletes

- 12:00 pm 2nd Session Running Events begin immediately following the Parade of Athletes

*All times are approximate, and events may occur earlier or later depending upon the number entries, etc. It is important that all athletes arrive by 11:00 am.

ATHLETE CHECK-IN

Upon arrival, athletes must check-in at the table to receive their T-shirt and needed information. Please note, all athletes must arrive by 11:00 am.

Tentative heat assignments will be posted by 5:00 pm, Friday June 16, at www.livehealthyiowakidstrack.org. *Final heat assignments will be posted at the meet.*

CALL FOR EVENTS

Announcements will be made throughout the track meet to provide information about upcoming events, where participants should report, etc. *Look for the orange Live Healthy Iowa flag.* Only athletes are allowed on the track, the infield area and the softball throw area.

DETERMINATION OF FINALISTS

Athletes participating in the 50m dash and 100m dash will first run preliminary races in the 1st Session. These races will be used to determine the top eight qualifiers, in each division for the final races where awards are given. When finalists have been determined, it will be announced and posted on the north wall of the concession stand near the information tent. Finals will be run in the 2nd Session, following the Parade of Athletes.

RULES WORTH NOTING

- No track spikes allowed. Gym/running shoes only.
- Participants may not wear sunglasses (unless prescription).
- Athletes can only participate **in one local LHIK Track meet**. If it is discovered that an athlete ran in more than one local meet, he/she will be disqualified.

AWARDS

Once results are verified, winners will be announced, and awards can be picked up at the awards tent. A podium for photo opportunities will be available next to the information tent.

PARADE OF ATHLETES

At 11:00 am, athletes should report to the track. A representative will have a sign with the qualifying city on it to aid in organizing the parade of athletes. Please wear your Live Healthy Iowa Kids Track Championship T-shirt for this ceremony.

NO COOLERS WILL BE ALLOWED IN THE FACILITY

Concessions will be available on site. Athletes may carry in a water jug/thermos type of container. Water is available to athletes in the competition areas.

GATE ADMISSION

A \$5.00 admission will be charged for everyone ages 15 and older. Meet participants are free.

ADDITIONAL QUESTIONS

Contact Live Healthy Iowa, 888-777-8881 ext. 1, or email info@livehealthyiowa.org