



Live Healthy Iowa Kids Track Championships

Welcome!

- Please listen to the announcer for upcoming events, as well as when and where to report for each event. Field events are first, followed by running events listed in the order below.
- The top three finishers in each age group/event will receive a place ribbon.
- The top finisher in each age group (7+)/event will qualify for the state meet in Marshalltown on Saturday, June 9. Additional details will be provided to qualifiers.

Order of Events

2:00 PM - Field Events

Softball Throw

- Girls all ages
- Boys all ages

Standing Long Jump

- Boys all ages
 - Girls all ages
-

2:30 PM - Running Events

1600 Meters

- 13-14 (Girls and Boys combined)

400 Meters

- 9-10 Girls
- 9-10 Boys
- 11-12 Girls
- 11-12 Boys
- 13-14 Girls
- 13-14 Boys

50 Meters

- 6&U Girls
- 6&U Boys
- 7-8 Girls
- 7-8 Boys
- 9-10 Girls
- 9-10 Boys

100 Meters

- 6&U Girls
- 6&U Boys
- 7-8 Girls
- 7-8 Boys
- 9-10 Girls
- 9-10 Boys
- 11-12 Girls
- 11-12 Boys
- 13-14 Girls
- 13-14 Boys

800 Meters

- 11-12 (Girls and Boys combined)
- 13-14 (Girls and Boys combined)

200 Meters

- 6&U Girls
- 6&U Boys
- 7-8 Girls
- 7-8 Boys
- 9-10 Girls
- 9-10 Boys
- 11-12 Girls
- 11-12 Boys
- 13-14 Girls
- 13-14 Boys

4x100 Meter Relay (may be combined)

- 7-8
- 9-10
- 11-12
- 13-14