

# Sample Press Release Announcing a Local Meet

## Local Contact:

**(Name)**

**(Title)**

**(Address)**

**(Phone)**

## FOR IMMEDIATE RELEASE

(City)-(Date)- Approximately (#\_\_\_\_\_) 7 to 14 year old boys and girls from (City) will compete (Date) at (Location) in the (City) local Live Healthy Iowa Kids Track Championships. Winners in the (City) meet will advance to the state championships in Marshalltown on Saturday, June 22.

Events will include the 50 meter dash, 100 meter dash, 200 meter dash, 400 meter dash, 800 meter run, 1600 meter run, 4 x 100 meter relay, standing long jump, and softball throw.

2018 is the 4<sup>th</sup> year for the Live Healthy Iowa Kids Track Championships. Nearly 40 communities around Iowa with approximately 4,000 7 to 14 year olds will compete state wide for the opportunity to participate at the state championships. The Live Healthy Iowa Track Championships are sponsored by the Iowa Sports Foundation, in partnership with the Iowa Parks and Recreation Association and Marshalltown Parks and Recreation.

The mission of the Live Healthy Iowa Kids Track Championships is to provide a quality recreation program where children have fun and are introduced to physical fitness through track and field events without financial barriers.

# Press Release

Local Contact  
 Name \_\_\_\_\_  
 Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Phone \_\_\_\_\_

State Contact  
 Name \_\_\_\_\_  
 Title \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Phone \_\_\_\_\_

## 2019 Live Healthy Iowa Kids Track Championships

### \_\_\_\_\_ Meet Results

Girls or Boys Ages \_\_\_\_ & \_\_\_\_ (born in \_\_\_\_ or \_\_\_\_)

#### 50 Meter Dash (7-8, 9-10)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 100 Meter Dash (7-8, 9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 200 Meter Dash (7-8, 9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 400 Meter Dash (9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 800 Meter Run (11-12 & 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 1600 Meter Run (13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### 4 x 100 Meter Relay (7-8, 9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### Softball Throw (7-8, 9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____

#### Standing Long Jump (7-8, 9-10, 11-12, 13-14)

Place	Name	Community	Time
1 <sup>st</sup>	_____	_____	_____
2 <sup>nd</sup>	_____	_____	_____
3 <sup>rd</sup>	_____	_____	_____
4 <sup>th</sup>	_____	_____	_____
5 <sup>th</sup>	_____	_____	_____
6 <sup>th</sup>	_____	_____	_____
7 <sup>th</sup>	_____	_____	_____
8 <sup>th</sup>	_____	_____	_____