

Live Healthy Iowa Kids Track Championships - ORDER OF EVENTS

- * Participants and families should listen to the Public Address Announcer for upcoming events, as well as when and where to report for each event. Field events will be first. All other events will follow the order below, reading down the left column and then down the right column.
- * Children who take first place in their events qualify for the State LHIKTC Meet in Marshalltown on Saturday, June 9. Additional information will be handed out after the race.
- * The top three finishers in each HEAT will remain at the finish line to determine the top three overall finishers for each event.

Field Events:

6:00 PM – Standing Long Jump (report to west jumping pits)

6:30 PM – Softball Throw (report to west end zone)

Running Events: (listen to announcer for where to report for each race)

6:20/6:30 PM - 1600 Meters

After the 1600 Meters, events will run continuously. There is no set time for a race to start. Unless otherwise noted, races will run youngest to oldest with the girls division going first, then boys (ex. G 9-10, B 9-10, G 11-12, B 11-12, G 13-14, B 13-14)

1600 Meters	13-14 (Combined heats)
400 Meter	9-10, 11-12, 13-14
50 Meters	7-8, 9-10
100 Meters	Girls 7-8, 9-10, 11-12, 13-14
	Boys 7-8, 9-10, 11-12, 13-14
800 Meters	11-12, 13-14 (Combined Heats)
200 Meters	7-8, 9-10, 11-12, 13-14
4x100 Relays	7-8, 9-10, 11-12, 13-14
	(heats may be combined)